



# **TytoHome**

# **Tyto Otoscope**

## **User Guide**

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**Important Notice**

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## Table of Contents


<b>General Safety Messages/Product Overview</b> .....	<b>4</b>
General Safety Messages .....	4
Product Overview .....	4
<b>Before the Exam</b> .....	<b>6</b>
Cleaning Instructions .....	6
Connect Otoscope Tip and Disposable Speculum .....	6
<b>Exams Menu</b> .....	<b>9</b>
<b>Performing the Exam</b> .....	<b>10</b>
Select Which Ear to Exam .....	10
Video Tutorial and Animation .....	11
Preparing the Patient Before the Exam .....	11
Before You Start: How to Conduct the Exam .....	12
Guidelines for Recording .....	13
Start Recording .....	14
Changing the Illumination Strength of the Otoscope .....	15
Stop Recording .....	15
After Recording the First Ear .....	16
Review or Delete the Recording .....	16
Take Another Recording of the Same Ear .....	16
Exam the Other Ear .....	17
Review the Ears Screen .....	17
Finishing the Ear Exam .....	18

## General Safety Messages/Product Overview

### General Safety Messages

 **Warning:** A warning indicates precautions to avoid the possibility of personal injury or death.

 **Caution:** A caution indicates a condition that may lead to damage to equipment, or a lower quality of treatment.

 **Note:** A note provides other important information.

#### Disclaimer

Information provided by TytoCare is believed to be accurate and reliable. However, TytoCare assumes no responsibility for the use of such information, nor for any infringements of patents or other rights of third parties, that may result from its use.

#### Intended use

The Tyto Otoscope is an electronic otoscope that enables capturing and transmission of video and still images of the external ear canal and tympanic membrane, whereby a clinician at one location on an IP network can view images and videos of a patient on site or at a different location on the IP network with the signal carried on an IP connection between the two locations.

### Product Overview

The **Tyto Otoscope™** is a user-friendly, electronic otoscope that digitally records video imaging of the ear canal and eardrum.

The otoscope tip connects to your Tyto Device to facilitate the process of communicating data and video with other clinicians or healthcare professionals. Recorded data may be forwarded for diagnosis by another clinician in a different location.

The Tyto Otoscope is designed for use in a clinical or home environment. It can be used in a number of scenarios:

- By an adult at home, to perform an examination on themselves or others, with the results submitted for subsequent review by a clinician.
- By an adult at home, to initiate a live virtual visit with a clinician and enable examination during the video conference.
- By a clinician/healthcare professional from a remote location, via live video conference.
- By a clinician/healthcare professional, with the patient physically present in the clinic.

## Before the Exam

### Cleaning Instructions

Clean the device before use. The cleaning should be done using 70% isopropyl alcohol wipes or cloth/swabs (e.g. q-tips) dipped in 70% alcohol. Clean the outer surface by swabbing or wiping the surface with the alcohol wipes. Use the q-tip swab, dipped in 70% alcohol, on narrow and less accessible surfaces, such as the otoscope lens, located at the front of the otoscope.



**Note:** Do not use any other cleaning materials or chemicals to use the otoscope.

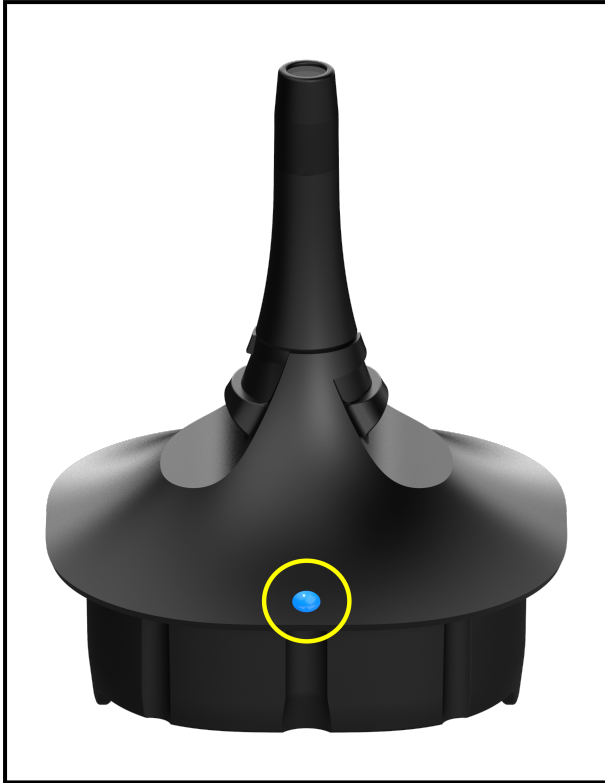
Do not use a brush to clean the otoscope's lens, as it might scratch it.

### Connect Otoscope Tip and Disposable Speculum

Before you start using the device, it is important to connect the otoscope tip correctly. Connect the otoscope tip to the Tyto device using the blue dot guiding marks:



**Tyto Device**



**Otoscope Tip**





**Otoscope Tip and Tyto Device connected**




After connecting the otoscope tip, place a disposable speculum on the tip and lock it in place by rotating it:

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 **Note:** Choose the correct size of disposable specula: for adults use the shorter specula with wider opening (4.0mm), which enables a wider Field of View; for small children use the longer specula with the narrower opening (3.0mm).


 **Note:** Do not use an otoscope disposable speculum that has cracks or contains sharp objects.

 **Note:** Discard the disposable speculum after use.

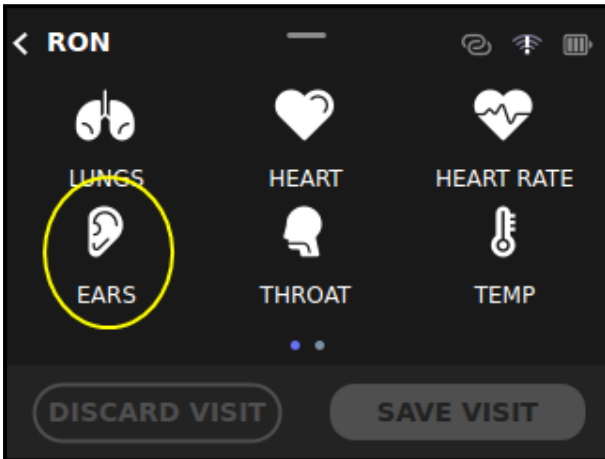
 **Note:** In case you feel pain or discomfort during the ears exam, stop the exam, retract the Tyto Otoscope and update the clinician if you're using it during an online visit.



## Exams Menu

 **Note:** Refer to the TytoHome™ General Operation User Guide for preliminary instructions on logging in to the system and viewing the Exam menu.

To start an ear exam, tap **EARS** from the examination selection screen, as shown below:

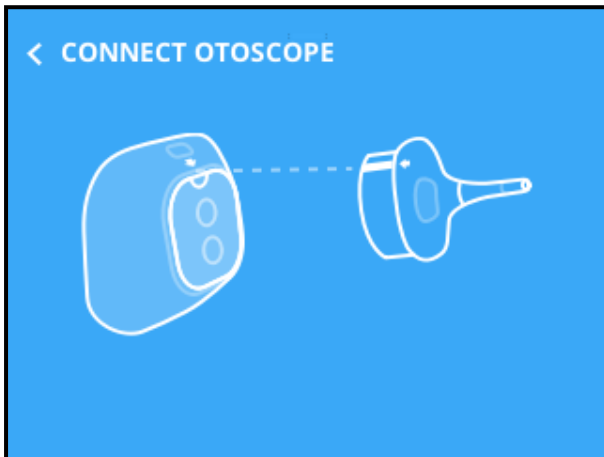



Tyto Device

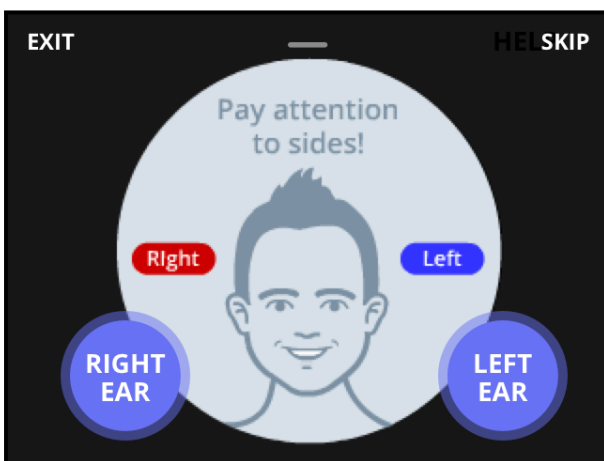
## Performing the Exam

### Select Which Ear to Exam

The Ears selection screen allows you to select the ear you are about to exam, and shows which ears have been examined. Initially, the display indicates that no recordings have been made.




 **Note:** Make sure the Tyto Otoscope tip is connected. If it is not connected, a message will display:



When performing the exam, you can start with either the right or left ear. It is highly recommended to always examine both ears, even if only one ear aches.

Tap Right or Left ear.

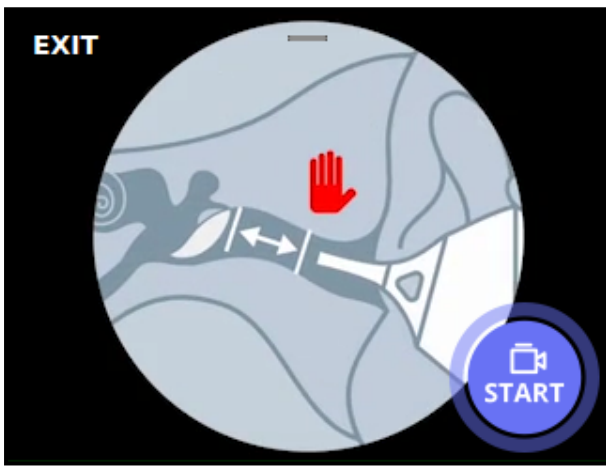
In the example below, we tap RIGHT EAR.

 **Warning:** it is important to select the correct ear (left or right), and to correctly identify the side that you are recording. Note that patient's sides are mirrored. Mixing between sides could mislead the diagnosing clinician.

## Video Tutorial and Animation

The **first time** you do the exam, a **video tutorial** will be displayed on the App, guiding you in performing an ears examination. This tutorial is required when you do your first ear exam. It is always available when performing later exams, and can be viewed by clicking the **?** (**question mark**) on top of the Tyto App screen.

Every time you perform an ear exam, a short **animation** displays, reminding you of the key considerations that should be taken into account during the ear examination. As only the video tutorial has the detailed instructions, it is recommended to always watch the tutorial before use. Once you are ready to perform the ear exam and start video recording, tap **Start**.



**Figure 1-1. Device screen showing the Start button. Tap Start when you are ready to begin the ear exam (see below [Section - Before You Start: How to Conduct the Exam](#)).**

## Preparing the Patient Before the Exam

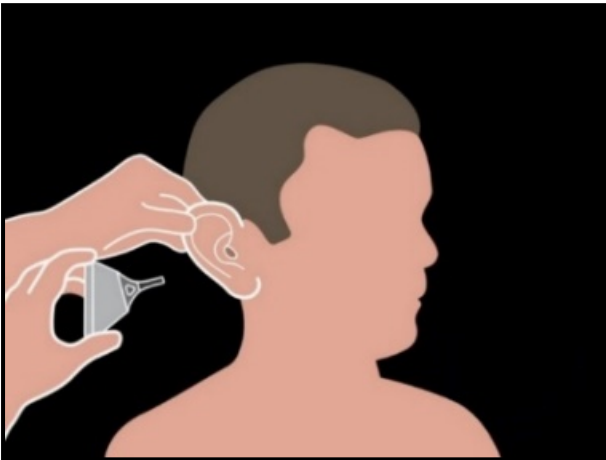
Before starting the exam, the patient should sit comfortably, and be encouraged to not move their head during the exam.

For small children under the age of three, another adult can hold the child's head to prevent sudden movement during the exam. For babies, it's advisable to lay the baby on its back and move the head to one side, while the other adult holds the baby and prevents head movement.

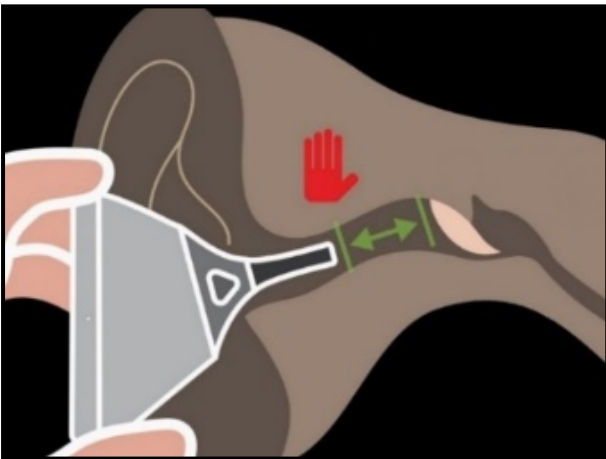
Distracting the child's attention during the exam, using a TV show or toy, can also be helpful.

## Before You Start: How to Conduct the Exam

Before starting the exam, please take few moments to review the basic steps of the exam.



1. Pull back gently on ear to straighten ear canal. For small children, pulling the ear back and down can be more effective.



2. Insert the Tyto Otoscope into the ear canal.

**⚠ Warning:** Be Careful NOT TO TOUCH EARDRUM. In case the canal is blocked or obstructed by wax / cerumen, stop the examination and pull back the Tyto Otoscope.



3. Example of an eardrum:

**⚠ Warning:** Stop once you get a view of the eardrum. Do not push the Tyto Otoscope any further! You can use the yellow dotted circle as a guide to know when you are too close to the eardrum. During an online visit, update the clinician when you see the eardrum.

## Guidelines for Recording

The video must be recorded continuously, from before the Tyto Otoscope enters the ear canal, until after it is withdrawn. **DO NOT** start or stop the exam when the Tyto Otoscope tip is inside the ear.

Observe the video carefully. Aim the Tyto Otoscope tip towards the darker area, which indicates a deeper part of the ear canal, and follow this direction until the eardrum becomes visible.

Inserting the otoscope tip deeper into the ear canal should be performed **gently, slowly** and **gradually**.

**⚠ Warning:** **DO NOT** let the tip of the Tyto Otoscope get too close to the eardrum. It must **NOT** touch the eardrum.

If the image is blurred, it's probably because wax is attached to the camera lens (usually seen as a yellow area on the camera). In that case, pull the Tyto Otoscope tip out of the ear canal. Clean the lens (located at the front of the Tyto Otoscope) carefully using alcohol wipes, until the image is clear again.

**DO NOT** insert the Tyto Otoscope tip further if the ear canal is blocked with wax, if you detect a foreign body in the ear canal, the image is blurred, the patient feels pain or discomfort, the quality

of the video in the App is low, or when you cannot identify the path in the ear canal towards the eardrum. In the event of pain or discomfort, pull the Tyto Otoscope slowly backwards.

**⚠ Warning:** When performing an online exam while the clinician experiences poor network conditions, the App might stop displaying the video. In case of self-examination it is important to tap **ACTIVATE VIDEO** to resume the Otoscope video playback.

**📝 Note:** If you wish to examine your own ears while the App does not show the Otoscope video, please ask someone else to hold the Tyto device and perform the exam, so he could see the device's screen, which is required to perform the ears exam successfully and safely.

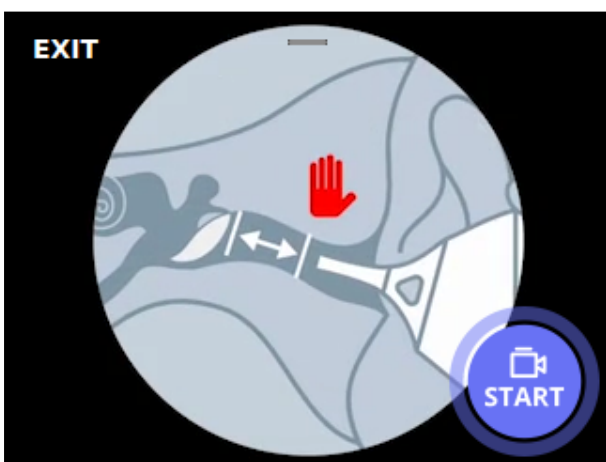
If video is not displayed, either in the App or on the device, remove the Tyto Otoscope from the ear.

If you do not succeed in reaching the eardrum, it may help to rotate the Tyto Otoscope tip, to achieve a better viewing angle of the eardrum.

Please note that the Tyto Otoscope tip may become warm after long period of continuous recording (above 30 seconds). In case the environment (ambient) temperature exceeds 95°F (35°C) during operation, the otoscope may get heated even faster. If the patient feels discomfort in their ear, pull the Tyto Otoscope tip out, stop the recording, and wait a few minutes for the tip to cool down.

## Start Recording

Once you're ready to begin the ear exam, tap **Start** on the device. The device will immediately begin recording video for the ear exam. Then, position the Tyto Otoscope as shown in [Section - Before You Start: How to Conduct the Exam](#) above.

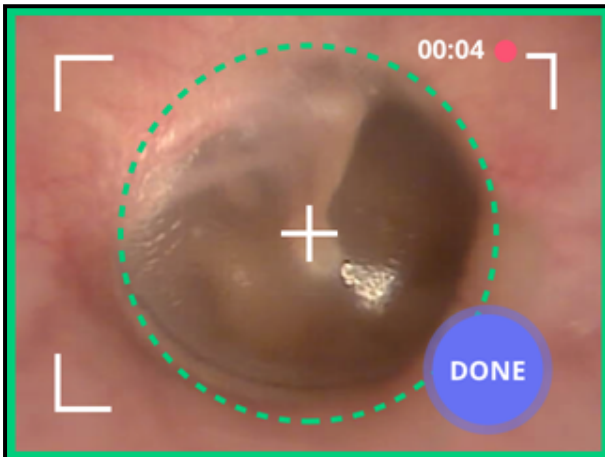


Tap **Start** on the Device to begin recording video for the Ear exam.

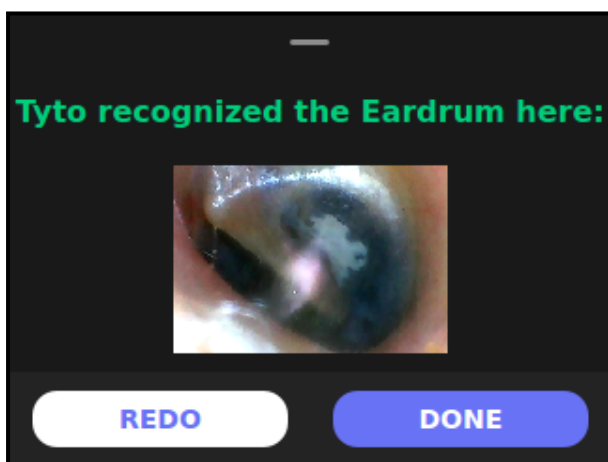
## Changing the Illumination Strength of the Otoscope

The Tyto Otoscope tip includes built-in illumination. You can adjust the strength of the illumination by **swiping down** on the device screen during the video recording, and then increasing or decreasing the strength using the bottom slider. This illumination level will be kept for future ear examinations.


## Stop Recording



1. Tap **Done** on the device after the tip is completely removed from the ear canal, and the desired video of the eardrum has been captured.



2. The Device will display a confirmation message.

 **Note:** After 45 seconds the video recording stops automatically, to prevent unduly long video recording and subsequent over heating of the Tyto Otoscope. If this happens, pull the otoscope tip out of the ear canal, and retake the exam. It is suggested to wait a minute between ear exams.



## After Recording the First Ear


After you record the first ear, you have several choices:

- Review the recording, and delete it if desired through the Tyto App
- Take another recording of the same ear using the Repeat button on the device
- Take a recording of the other ear using the Next Ear button on the device
- View the Ears screen and end the exam by pressing the Back arrow on the device

## Review or Delete the Recording

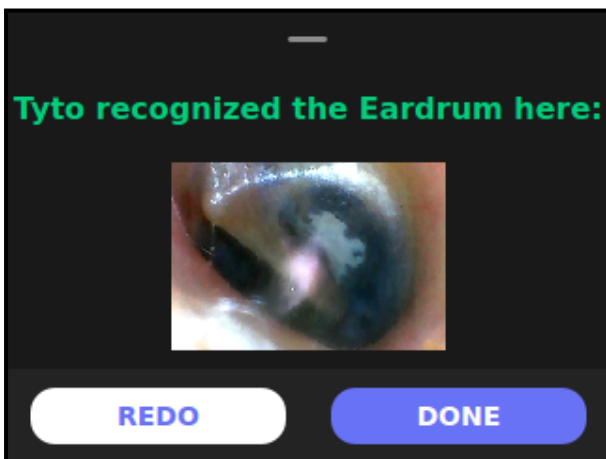
From the Tyto App, you can view or delete the recording:

- Tap  **Play** on the App to view the recording.
- Tap  **(Delete)** on the App to delete the recording.

 **Note:** After the video is captured, it will be displayed in the App. Please review the video in the App, and verify that the image is clear and sharp.

## Take Another Recording of the Same Ear

From the Device, you can take another video of the same ear. You can have several videos of each ear.




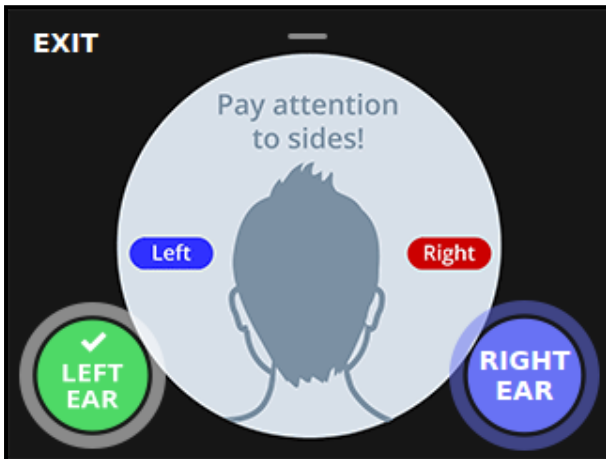
Tap **Redot** (in picture here Add) on the Device to record an additional video.



## Exam the Other Ear

From the Tyto Device, you can examine the other ear.

 **Note:** It is recommended to always record exams for both ears.



Tap **Right Ear** (in this example) on the Device to record the next ear.

## Review the Ears Screen

From the Device screen, tap the **back arrow** to see the Ears screen:




In this example, the green background and check mark next to **RIGHT EAR** indicates that at least one recording was made for the right ear. The purple background under **LEFT EAR** indicates that no recording was made for that ear.

You now have two options:

- Tap the Right or Left Ear icons to record or re-record an exam.
- Tap the back arrow to return to the Exam Selection screen.

## Finishing the Ear Exam

When you have completed the necessary video recordings, tap  (**DONE**) on the device. This will stop the video recording and exit the Ears exam.

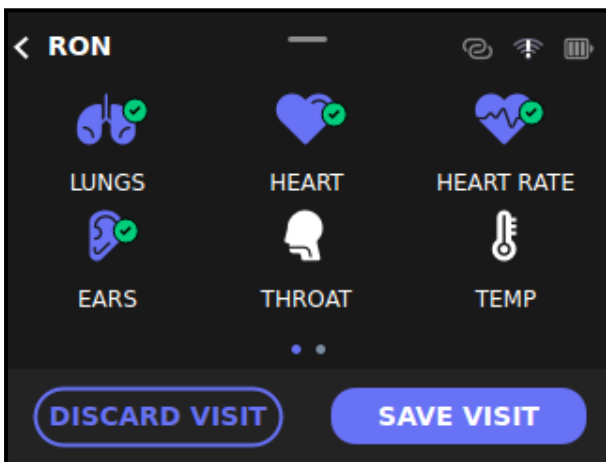
When you tap **DONE**, if you have not recorded videos for both ears, a warning screen appears.

- Tap **Exit** to end the exam anyway.

**OR**

- Tap the button on the right to record a video for the ear that was not recorded

The device will indicate with a green check mark that the ear exam was recorded:



If you review the recorded video in the app, and decide that you do not want to share it or keep it, tap the Trash Can icon to delete the selected video.

Please refer to [Section - After the Exam](#) in the General Operation User Guide for further instructions.