

TELEHEALTH COVERAGE POLICIES IN THE TIME OF COVID-19 TO DATE

Timestamp: March 17, 2020 – 3 pm PT (UPDATES: Medicare, Other Federal Policies & State Actions)

As things rapidly develop regarding what we know about COVID-19, policies around telehealth have also been developing alongside of it. Below is a summary of what is covered by various public and private payers with the information that has been released. Keep in mind that events are evolving and to consider this a living document that could change frequently as new information and new policies become available/are enacted. CCHP will continue to make updates when they become available.

It was announced on March 17 that the telehealth waiver in Medicare under <u>HR 6074</u> has been implemented. Below is how the Medicare fee-for-service telehealth policies now stand.

N	IEDICARE FEE FOR SERVICE TELEHEALTH COVERAGE
SUBJECT AREA	CURRENT POLICY UNDER COVID-19
Location of the Patient	Rural and site limitations are removed. Telehealth services can now be provided regardless of where the enrollee is located geographically and type of site, which allows the home to be an eligible originating site. However, locations that are newly eligible will not receive a facility fee.
Eligible Services	All services that are currently eligible under the Medicare telehealth reimbursement policies are included in this waiver. The list of eligible codes is available HERE.
Eligible Providers	The waiver did <u>not</u> expand the list of eligible providers to provide services and be reimbursed. The eligible providers are: Physicians Nurse practitioners Physician assistants Nurse-midwives Clinical nurse specialists Certified registered nurse anesthetists Clinical psychologists (CP) Clinical social workers (CSWs) (NOTE: CPs and CSWs cannot bill Medicare for psychiatric diagnostic interview examinations with medical services or medical evaluation and management services. They cannot bill or get paid for Current Procedural Terminology (CPT) codes 90792, 90833, 90836, and 90838). Registered dietitians or nutrition professional
Modality	The waiver did <u>not</u> expand what modalities can be used to provide telehealth delivered services in this program, restricting the provision of services through live video (though Hawaii and Alaska telehealth demonstration programs can use store and forward). For other types of eligible services not considered "telehealth" that still use telehealth technologies, see "Other Technology-Enabled Services."
Out-of-pocket costs/co-	Still applies, but the OIG is providing health care providers flexibility to
pays	reduce or waive fees.



WHAT CAN BE COVERED

Prior existing	HHS will not conduct audits to ensure that such a prior relationship existed
relationship to provide	for claims submitted during this public health emergency
care via telehealth	

POLICY CHANGE IN RESPONSE

Resources:

- CMS Fact Sheet
- CMS FAQ

Other Medicare & Medicaid Policies

EXISTING TELEHEALTH POLICY

PRE-COVID-19	TO COVID-19	
MEDICARE		
Licensing		
With the declaration by the President	dent of a national of emergency, th	e Secretary issued a 1135 Waiver
for "requirements that physicians	or other health care professionals	hold licenses in the state in which
they provide services if they have	an equivalent license from another	r state." Notice <u>here</u> . CMS has
not issued guidance on how this v	vill be implemented.	
Medicare Advantage		
Medicare Advantage (MA) plans	Medicare Advantage	MA plans have some flexibility
have the flexibility to have more	Organizations were informed by	to expand their coverage of
expansive telehealth policies	CMS that if they wish to expand	telehealth beyond what they
related to types of services	coverage of telehealth services	currently do. What is covered
covered, where those services	beyond what has already been	will depend on what each plan
can take place (no geographic	approved by CMS, they will	decides to do. NOTE: MA plans
or site limitations), modality	exercise its enforcement	do NOT have to provide these
used. Still limits the types of	discretion until it is determined	more expansive telehealth
providers reimbursed.	that it is no longer necessary in	services. They are only required
	conjunction with the COVID-19	to provide what is covered by
	outbreak. (<u>CMS Memo</u>)	Fee-for-Service.
Other Technology-Enabled Service		
Virtual Check-In Codes	No Change Made	Virtual check-in codes do not
G2010, G2012*		have geographic or site
Care has dance a made name a contract		restrictions attached so they
Can be done synchronously and		can be used to engage with
asynchronously and telephone can be used		patients, but the
can be used		reimbursement amount for
		these codes is low and are only meant to act as quick check-ins
		with patients that do not last
		more than a few minutes.
		These codes are also only
		available for established
		patients, are patient initiated
		patients, are patient initiated



		and cannot result from or lead
		to an E/M service.
Interprofessional	No Change Made	eConsult allows a provider-to-
Telephone/Internet/EHR		provider consultation. Pays
Consultations (eConsult) *		both providers, but check
99446, 99447, 99448, 99449,		definition for the time needed
99451, 99452		for each code.
Remote monitoring services: *	No Change Made	These services are not
Chronic Care Management		considered "telehealth" services
Complex Chronic Care		and were never subject to
Management		telehealth limitations. They do
Transitional Care Management		have other factors that limit
Remote Physiologic Monitoring		how they can be used so make
Principle Care Management		sure you check the definition
		for the codes.
Online Digital Evaluation (E-	No Changes Made	These services are not
*Visit) – G2061-2063		considered "telehealth" services
Online medical Evaluations –		and were never subject to
99421-99423		telehealth limitations.
MEDICAID		
EXISTING TELEHEALTH POLICY	POLICY CHANGE IN RESPONSE	WHAT WILL BE COVERED AT
PRE-COVID-19	TO COVID-19	THIS TIME
Telehealth reimbursement	A <u>Medicaid FAQ</u> was issued	Still developing. Some states
policies vary from state to state.	stating that state Medicaid	have encouraged providers and
If the State Medicaid program	programs have broad authority	health plans to utilize telehealth
has managed care, telehealth	to utilize telehealth within their	more broadly to provide
reimbursement can vary from	Medicaid programs including	services but for many states the
plan-to-plan. For Medicaid fee-	using telehealth or telephonic	policies continue to be
for-service policies, check	consultations in place of typical	developing as they navigate this
<u>CCHP's website</u> .	face-to-face requirements when	situation.
	certain conditions are met.	
	States would have to use the	
	Appendix K process for this.	

Other Federal Actions

<u>DEA</u>

The declaration of the national emergency enacted one of the exceptions to the Ryan Haight Act for telehealth (telemedicine as it is referred to in the Act).

For as long as the Secretary's designation of a public health emergency remains in effect, DEA-registered practitioners may issue prescriptions for controlled substances to patients for whom they have not conducted an in-person medical evaluation, provided all of the following conditions are met:

 The prescription is issued for a legitimate medical purpose by a practitioner acting in the usual course of his/her professional practice



- The telemedicine communication is conducted using an audio-visual, real-time, two-way interactive communication system.
- The practitioner is acting in accordance with applicable Federal and State law.

https://www.deadiversion.usdoj.gov/coronavirus.html

HIPAA

A change was made regarding the Health Insurance Portability and Accountability Act (HIPAA) "Effective immediately, the HHS Office for Civil Rights (OCR) will exercise enforcement discretion and waive penalties for HIPAA violations against health care providers that serve patients in good faith through everyday communications technologies, such as FaceTime or Skype, during the COVID-19 nationwide public health emergency." https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/index.html

It should be noted that many states do have laws and regulations regarding health information and what is required to protect and secure it. This will likely not impact those state laws and regulations. A separate state action will be necessary.

PRIVATE INSURERS		
EXISTING TELEHEALTH POLICY PRE-COVID-19	POLICY CHANGE IN RESPONSE TO COVID-19	WHAT WILL BE COVERED AT THIS TIME
Coverage varied from payer-to-payer, depending on the plan.	Several health plans have announced that they will make telehealth more widely available or offering telehealth services for free for a certain period of time. Some of the announcements have come from Aetna, Cigna and BlueShield BlueCross. Additionally, Vice President Pence had announced that he had secured a commitment from the health plans to cover telehealth services, but no details or which plans had agreed were given.	Still developing. Few details have been given and would require individuals to inquire with their insurer what is exactly covered. Some links to the announcements: Aetna Cigna BlueShield BlueCross

^{*} See CCHP's Introductory Billing Guide to Medicare Fee-for-Service.

FQHCS/RHCS – How can I use telehealth?

MEDICARE	MEDICAID	PRIVATE PAYER
FQHCs and RHCs can only act as	This will vary from state-to-	Will vary from payer-to-payer
the originating site for	state, with some states allowing	and state-to-state.
telehealth delivered services.	FQHCs and RHCs to act as	
The geographic and site	distant site providers, and some	



limitations will still apply with	allowing them to receive their
only certain exceptions that	PPS rate, and others not. Some
were in place prior to COVID-19.	states prohibit FQHCs and RHCs
FQHCs and RHCs can utilize	from acting as the distant site
some of the technology-	provider but may allow them to
enabled services to treat	be originating sites. Other
patients such as the virtual	states are silent. Check CCHP's
check-in and some of the	50 State Report or your state
chronic care management	Medicaid program.
codes but not others like	
eConsult. For these technology-	
enabled codes, FQHCs and RHCs	
will receive a fee-for-service	
rate, not the PPS rate.	

State Actions (Newly Added Items in Red):

<u>Arizona</u> – Licensing waiver - https://azgovernor.gov/governor/news/2020/03/governor-doug-ducey-issues-declaration-emergency-executive-order-combat

California -

- Guidance to Medi-Cal Manage Care Plans https://www.dhcs.ca.gov/services/Documents/MMCD/COVID-19Memo.pdf
- Behavioral Health Bulletins https://www.dhcs.ca.gov/formsandpubs/Pages/Behavioral Health Information Notice.aspx
- <u>Licensing Waiver</u> https://www.gov.ca.gov/wp-content/uploads/2020/03/3.4.20-Coronavirus-SOE-Proclamation.pdf

Connecticut-

- Temporary Coverage for Telehealth https://www.ctdssmap.com/CTPortal/Information/Get%20Download%20File/tabid/44/Default.

 aspx?Filename=pb20 10.pdf&URI=Bulletins/pb20 10.pdf
- New Coverage of Specified Telemedicine Services https://www.ctdssmap.com/CTPortal/Information/Get%20Download%20File/tabid/44/Default.

 aspx?Filename=pb20 09.pdf&URI=Bulletins/pb20 09.pdf

<u>Colorado</u> – Plans were directed to conduct outreach and education campaigns to remind enrollees of their telehealth options and to provide telehealth services to cover COVID-19-related in-network telehealth services at no cost share.

https://drive.google.com/file/d/1 9Z6CVhzAxNNxUWBKeAfVHgfr3mXQB T/view?inf contact key=2825 2f60b0e45481d432c387e674dd83



District of Columbia -

- Medicaid Program Update
 https://coronavirus.dc.gov/sites/default/files/dc/sites/dhcf/release_content/attachments/DHCF

 -PRINT-UFL UF DHCF-PRT-06 1038 001.pdf
- Licensure Waiver https://www.cchpca.org/sites/default/files/2020-03/state%20Action%20COVID-19%20District%20of%20Columbia.pdf
- Guidance on the use of telehealth https://dchealth.dc.gov/sites/default/files/dc/sites/doh/page_content/attachments/Memo%20 -%20Guidance%20on%20the%20Use%20of%20Telehealth.pdf

Florida – Licensing Waiver - https://www.flgov.com/wp-content/uploads/orders/2020/EO 20-52.pdf

<u>Louisiana – Licensing Waiver</u> - https://gov.louisiana.gov/assets/ExecutiveOrders/25-JBE-2020-COVID-19.pdf

Massachusetts -

- Medicaid Managed Care Plans required to cover telehealth and certain telephonic services as a
 means by which members may access all clinically appropriate, medically necessary covered
 services https://www.mass.gov/doc/managed-care-entity-bulletin-20-coverage-and-reimbursement-for-services-related-to-coronavirus/download
- Health plans to cover telehealth https://www.mass.gov/doc/march-15-2020-telehealthorder/download

<u>Michigan</u> – Medicaid will allow homes to be an eligible originating site. https://www.michigan.gov/whitmer/0,9309,7-387-90499 90640-521549--,00.html

<u>Mississippi – Licensing Waiver</u> - https://www.msbml.ms.gov/sites/default/files/news/COVID-19%20MSBML%20Proclamation.pdf

Missouri – Medicaid will waive requirement of pre-existing relationship prior to providing services via telehealth and allow services to be provided to enrollee while at home via telephone. https://dss.mo.gov/mhd/providers/pdf/bulletin41-20-2018.pdf

New York -

- Providers who submit a "self-attestation" form will be able to provide telemental health for people affected by disaster emergency for a time-limited period.
- Reimbursement for phone services https://www.health.ny.gov/health_care/medicaid/program/update/2020/docs/2020-03 13 covid-19 telephonic.pdf

<u>North Carolina</u> – Licensing Waiver - https://files.nc.gov/governor/documents/files/EO116-SOE-COVID-19.pdf

<u>Tennessee</u> – Licensing Waiver - https://publications.tnsosfiles.com/pub/execorders/exec-orders-lee14.pdf



<u>Texas</u> – Allowing phone consults and easing some regulations http://www.tmb.state.tx.us/dl/920E0677-1BAF-C306-781B-A570AD6795A1

<u>Washington</u> – Licensing Waiver - https://content.govdelivery.com/accounts/WAMC/bulletins/2809de0

<u>West Virginia</u> – Allowing non-emergent E&M services via telehealth in Medicaid. - https://www.cchpca.org/sites/default/files/2020-03/State%20Action%20COVID-19%20West%20Virginia.pdf