

Medicaid Program: Idaho Medicaid

Program Administrator: Idaho Dept. of Health and Welfare

Regional Telehealth Resource Center: Northwest Regional Telehealth Resource Center www.nrtrc.org

## Idaho Policy At-a-Glance

MEDICAID REIMBURSEMENT			PRIVATE F	PAYER LAW	PROFESSIONAL REQUIREMENTS	
LIVE VIDEO	STORE-AND-FORWARD	REMOTE PATIENT MONITORING	LAW EXISTS	PAYMENT PARITY	LICENSING COMPACT	CONSENT REQUIREMENT
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## **Idaho Detailed Policy**

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	Summary		o Medicaid reimburses for live video telehealth for certain providers and for specific services. re is no reference to store-and-forward or remote patient monitoring.
ı Reimbursement	Definitions	Telehealth is defined as health care services delivered by a provider to a participant through the of electronic communications, information technology, synchronous interaction between a proving at a distant site and a patient at an originating site.  Source: Medicaid Telehealth Policy, p. 6. Rev. 7/1/2018. (Accessed Feb. 2020).  School-Based Services & Children's Habilitation Intervention Services  "Telehealth is an electronic real-time synchronized audio-visual contact between a qualified profisional and participant for the purpose of treatment. The professional and participant interact as they were having a face-to-face service."  Source: ID Administrative Code 16.03.09.850(13) & 16.03.09.571(15). (Accessed Feb. 2020).	
Medicaid Telehealth Reimbursement	Live Video	Policy	Idaho Medicaid reimburses for specific services via live video telehealth, consistent with ID Administrative Code. Telehealth services must be equal in quality to in-person services.  Video must be provided in real-time with full motion video and audio that delivers high-quality video images that do not produce lags, choppy, blurry, or grainy images, or irregular pauses in communication. Transmission of voices must be clear and audible. Reimbursement is not available for services that cannot be provided as effectively as in person services due to technical or equipment limitations.  Source: Medicaid Telehealth Policy. Rev. 7/1/2018, p. 2-3 & Idaho Medicaid Provider Handbook. General Provider and Participant Information. Feb. 4, 2020, p. 78. (Accessed Feb. 2020).  Rendering providers must provide timely coordination of services, within three business days, with the participant's primary care provider who should be provided in written or electronic format a summary of the visit, prescriptions and DME ordered.  Source: Idaho Medicaid Provider Handbook. General Provider and Participant Information. Feb. 4, 2020, p. 77. (Accessed Feb. 2020).

Live Video

Telehealth services that are properly identified in accordance with billing requirements are covered under Medicaid for physicians, within limitations defined by the Department in the Idaho Medicaid Provider Handbook. Subject to primary care provider communication requirements.

Telehealth services are covered for advanced practice registered nurses enrolled as Healthy Connections providers, within the limitations defined in the Idaho Medicaid Provider Handbook.

Source: ID Administrative Code 16.03.09 Sec. 210, 502 & 565. (Accessed Feb. 2020).

Services must be equal in quality to services provided in-person.

Source: Idaho Medicaid Provider Handbook. General Provider and Participant Information. Feb. 4, 2020. p. 76. (Accessed Feb. 2020).

Allowable codes are listed as part of the Medicaid Fee Schedule. Additionally, five codes were added on July 1, 2018 for psychiatric crisis and early intervention service codes.

Claims must include a HCPCS modifier GT.

Source: ID Medicaid. Telehealth Allowable Codes effective Jan. 1, 2017 & Medicaid Information Release MA 18-07 All Medicaid Provider Letter. Updated Telehealth Policy. July 1, 2018. (Accessed Feb. 2020).

#### Physician/Non-Physician Practitioner Services:

- Primary Care Services
- Specialty Services
- Health and Behavioral Assessment/Intervention (listed in General Provider Handbook only)
- Psychiatric Crisis Consultation (listed in General Provider Handbook only)
- Psychotherapy with evaluation and management
- Psychiatric diagnostic interview
- · Pharmacological management
- Tobacco Use Cessation (listed in General Provider Handbook only)

Physician or Psychiatric Nurse Practitioner only services:

· Psychiatric crisis

Behavioral health services can be delivered via telehealth under a managed care contract.

#### **School-based Services**

Community Based Rehabilitation Services (CBRS) supervision can be delivered via telehealth in educational environments, but not separately reimbursable.

#### **Children with Developmental Disabilities**

Therapeutic consultation and crisis intervention can be delivered via telehealth technology through the Bureau of Developmental Disability Services.

#### Early Intervention Services (EIS) for Infants and Toddlers

Services can be delivered via telehealth as long as the provider is employed by or contracted with the Idaho Infant Toddler Program and meet the IDEA Part C requirements. Eligible services include:

- Family training and counseling for child development
- Home care training
- Medical team conference with interdisciplinary team

#### **Primary Care**

Primary care services can be delivered via telehealth. Providers must be licensed by the Idaho Board of Medicine.



#### **Therapy Services**

Licensed occupational and physical therapists and speech language pathologists can provide services through telehealth. Evaluations must be performed as an in-person visit to the participant and is not covered through telehealth. Therapeutic procedures and activities are covered via telehealth.

The therapist must certify that the services can be safely and effectively done with telehealth. The physician order must specifically allow the services to be provided via telehealth.

#### **Interpretation Services and Technical Specifications**

Idaho Medicaid reimburses for interpretive services in conjunction with a reimbursable Medicaid service.

#### **Speech Language Pathology**

Speech therapy services can be delivered via telehealth. Evaluations must be performed in-person. The speech therapist must certify that the services can safely and effectively be done with telehealth.

Source: Medicaid Telehealth Policy. Rev. July 1, 2018 & ID MMIS Provider Handbook. Speech, Language and Hearing Service Providers. Jan. 1, 2020, p. 7-8 & Occupational and Physical Therapy Services Jan. 1, 2020, p. 16 & Idaho Medicaid Provider Handbook. General Provider and Participant Information. Feb. 4, 2019 (Accessed Feb. 2020).

Community Based Rehabilitation Services (CBRS) supervision is included in the CBRS reimbursement rate. It is not separately reimbursable.

Source: Medicaid Telehealth Policy. Rev. July 1, 2018, p. 1. (Accessed Feb. 2020).

# Live Video

Fligible Services / Specialties

#### **Eligible Providers:**

- Physician or non-physician practitioner
- Psychiatric Nurse Practitioner for psychiatric crisis services
- **Physical Therapist**
- Occupational Therapist
- Speech language pathologists

Only one eligible provider may be reimbursed for the same service per participant per date of service.

#### Healthy Connections Eligible Providers (if enrolled as primary care providers):

- Advanced practice registered nurse
- Physician assistants
- Certified nurse midwives

#### Therapeutic Consultation and Crisis Intervention Providers

- Developmental Disabilities Agency;
- Independent Medicaid provider under agreement with the Department; or
- Infant Toddler program

Therapeutic consultation and crisis intervention providers must also have a Doctoral or Master's degree in psychology, education, and applied behavioral analysis or in a related discipline. Additional criteria apply.

Source: Medicaid Telehealth Policy. Rev. July 1, 2018, p. 4. & ID MMIS Provider Handbook. Speech, Language and Hearing Service Providers. Jan. 1, 2020, p. 7-8 & Occupational and Physical Therapy Services Jan. 1, 2020, p. 16 (Accessed Feb. 2020).

Telehealth services as an encounter by a facility are reimbursable if the services are delivered in accordance with the ID Medicaid Telehealth Policy.

Source: Idaho MMIS Provider Handbook: Ambulatory Health Care Facility. Nov. 1, 2018., p. 10 (Accessed Feb. 2020).



	Remote Patient Monitoring	Policy	No reference found.	
		Conditions	No reference found.	
Medicaid Telehealth Reimbursement		Provider Limitations	No reference found.	
Medicaid Telehea		Other Restrictions	No reference found.	
	Email / Phone / Fax	No reimbursement for telephone, email, text or fax.  Source: Idaho Medicaid Provider Handbook. General Provider and Participant Information. Feb. 4, 2020, p. 76 & Medicaid Telehealth Policy. Rev. July 1, 2018. (Accessed Feb. 2020).  Reimbursement not available in fee-for-service for telephone, email or fax between a physician and participant.  Source: ID Administrative Code 16.03.09 Sec. 502 (07b). (Accessed Feb. 2020).		
	Consent		appropriate consent is required, which must disclose the delivery models, provider qualificans, treatment methods, or limitations and telehealth technologies.  Source: Idaho Medicaid Provider Handbook. General Provider and Participant Information. Feb. 4, 2020, p. 78. (Accessed Feb. 2020).	

	Out of State Providers	Providers of telehealth services must be licensed by the Idaho Board of Medicine or in the case of therapeutic consultation and crisis intervention for children's developmental disabilities services, providers must meet staff qualifications.  Source: Idaho Medicaid Provider Handbook. General Provider and Participant Information. Feb. 4, 2020, p. 77. (Accessed Feb. 2020).
Medicaid Telehealth Reimbursement	Miscellaneous	<ul> <li>Video must be provided in real time with full motion video and audio.</li> <li>Transmission of voice must be clear and audible</li> <li>Telehealth services that cannot be provided as effectively as in-person services are not covered.</li> <li>Notation must be made in the patient's record to designate services delivered via telehealth.</li> <li>Provider Requirements         <ul> <li>Providers at the distant site must disclose to the patient the performing provider's identity, location, telephone number and Idaho license number.</li> <li>Telehealth providers must have a systematic quality assurance and improvement program for telehealth that is documented, implemented and monitored.</li> <li>Providers must develop and document evaluation processes and participant outcomes.</li> </ul> </li> <li>See Telehealth Policy for additional documentation requirements.</li> <li>Services that have been interrupted or terminated early due to equipment problems will not be reimbursed.</li> <li>Only one provider may be reimbursed for the same service per patient and date of service.</li> <li>Source: Idaho Medicaid Provider Handbook. General Provider and Participant Information. Feb. 4, 2020, p. 78 (Accessed Feb. 2020).</li> </ul>
Private Payer Laws	Definitions	No reference found.
	Requirements	No reference found.

yer Laws	Parity	No reference found.		
Private Payer Laws		No reference found.		
	Definitions	Telehealth services means health care services provided by a provider to a person through the use of electronic communications, information technology, asynchronous store-and-forward transfer or synchronous interaction between a provider at a distant site and a patient at an originating site. Such services include, but are not limited to, clinical care, health education, home health and facilitation of self-managed care and caregiver support.  Source: ID Code Sec. 54-5703(6). (Accessed Feb. 2020).		
ıtion/Health & Safety	Consent	A patient's consent must be obtained.  Source: ID Code Sec. 54-5708. (Accessed Feb. 2020).		
Professional Regulation	Online Prescribing	Prescribing physicians must have prescriber-patient relationship, which includes a documented patient evaluation adequate to establish diagnoses and identify underlying conditions and/or contraindications to the treatment.  Prescriptions based solely on online questionnaires or consultation outside of an ongoing clinical relationship are prohibited.  Source: ID Code § 54-1733. (Accessed Feb. 2020).  Prescriptions can be issued using telehealth as long as there is an established provider-patient relationship, provided that the prescription is not for a controlled substance unless prescribed in compliance with 21 USC section 802(54)(A).  If a provider-patient relationship is not yet established, the provider must take appropriate steps to establish the relationship by use of two-way audio and visual interaction, provided that the applicable Idaho community standard of care has been satisfied.  Source: ID Code Sec. 54-5705 & 5707. (Accessed Feb. 2020).		

**Cross-State Licensing** 

Miscellaneous

Member of the Interstate Medical Licensure Compact.

Source: ID House Bill 150. ID Code Sec. 54-1842. (Accessed Feb. 2020).

Member of Nurses Licensure Compact.

Source: Nurse Licensure Compact. Current NLC States and Status. (Accessed Feb. 2020).

### Professional Board Telehealth-Specific Regulations

- ID Board of Dentistry (Source: IDAPA 19.01.01 Sec. 055) (Accessed Feb. 2020).
- ID Board of Psychologist Examiners (Source: IDAPA 24.12.01 Sec. 601) (Accessed Feb. 2020).